

Gower Surf Academy

Conditions of Consent



Consent Form

We need to know if the participant has any medical condition which may affect their safety or that of others. Examples of conditions we need to know about are; Asthma, epilepsy, being prone to dizziness etc.

Please give details and speak to and advise the surfing instructors on duty

By signing the consent form, you declare that:

- The participant is able to swim a minimum of 50M in open water
- The participant is physically fit enough to take part.
- The participant will comply with all safety regulations set out by the surf academy

Covid Regulations and beginning of lesson:

If you are currently experiencing, or have recently experienced, any symptoms of COVID-19, please postpone your surf to a future date, allowing for quarantine periods as advised by the government.

We are operating and implementing guidelines as set out by UK government. If you or a member of your bubble or household has any symptoms associated with the virus you must not attend the course. All clients must wear costumes under their wetsuits. As with many other establishments we require your contact details to help with track and trace if required to do so by government officers.

Once we meet on the beach, we will give you wetsuits to wear; the zip should be on the back.

After everyone has changed, we assemble in a small group and go through a safety talk and give specific beach environment information which will be useful for future visits.

Please at all times respect social distancing to protect yourself and others

Our aim is to give you enough safety information to ensure that you have the right start in surfing and that your actions will not endanger yourself or others.

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After the briefing, we will go on to the beach and have a warm up. (If for any reason you or a member of your group cannot do a gentle jog, the please warm up at your own pace).

Remember we will only be surfing in shallow water so at no time should you dive or jump from your board. Every time you fall off your board please fall flat and cover your head.

Gower Surf Academy sometimes has a photographer at the beach. When you sign the consent and register form you also consent to having photographs taken. Should you have any objections to these photos being published please inform our instructors.

Name of Participant

Date of Birth

Emergency Contact Name

Relationship to participant (if under 18)

Emergency contact Number

Your Email

Any Medical Conditions

Signed

Date